

**Virus Info:**

[McAfee](#)

[Symantec \(Norton AV\)](#)

[AVG \(Free AV\)](#)

[Virus Bulletin Magazine](#)

[Virus Distribution](#)

DO NOT OPEN any e-mail attachments that you are suspicious of!!!

**Always:**

1. Make sure that your Antivirus (AV) program is updated, whether you are using Norton, McAfee, or any other AV program. (Most have an 'Update' function on their main window when you execute the program from the Program list.)
2. Please refer to the Web Site for the Antivirus Program to obtain detection and cleaning instructions.
3. Make sure you are connected to the Internet before executing the Update function.
4. This will connect to the Home Page for your particular program and download the latest Virus Definition (.DAT) file and install it.
5. **You should do this weekly.**
6. Feel free to contact our office if you are not sure of how to do this.
7. Scan all files on your computer after updating the Virus Definitions (.DAT) file to maintain the integrity of your system and keep it Virus Free!